

ASSISTED LIVING

Levels of Care

Level 1

At this level, a resident is able to manage his or her own activities of daily living. This includes activities such as eating, dressing, toileting, ambulation and transfers. At this level, the resident is independent with these and most activities. This resident receives an annual service plan meeting. Nursing staff manages all medication needs and bathing is supervised.

Level 2

At this level, a resident may require some assistance from staff for activities of daily living. This may include some assistance with dressing, occasional assistance with incontinence needs, occasional assistance with ambulation and transfers, and some assistance/set up with mealtime needs. A resident needing daily monitoring of a medical condition would be at this level. (For example, daily insulin, oxygen therapy/respiratory therapy, and/or wound care.) A resident needing frequent reminders to complete activities of daily living or frequent redirection due to cognitive/memory impairments would be at this level. Nursing staff manages all medication needs and bathing is supervised. Service plan meetings are scheduled every six months and as needed to review concerns or special/medical needs. Consideration for nursing home placement occurs when resident needs are greater than a Level 2.