

JUNE 2022

# King's Daughters Home

2410 Rodd St. - Midland, MI 48640 \* (989) 839-9800



*Celebrating June*

**Camping Month**

**Pet Appreciation Week**

*June 5-11*

**Iced Tea Day**

*June 10*

**Monthly Birthday Party**

*Tuesday, May 10*

**Father's Day**

*Sunday, June 19*

**Audiology Visit**

**(Physician Exam Room)**

**\*let your nurse know if you'd like to be signed up to see the hearing Doctor**

*Tuesday, June 21*

**Resident Meeting**

**with Mike (Administrator)**

*Wednesday, June 22*

**Public Service Day**

*June 23*

Dear Residents, Families, and Staff:

We made it - warmer weather has arrived! We can go outside for walks on the grounds or go out into our courtyards. There is patio furniture with umbrellas in both courtyards – so you can read, visit, or enjoy the fresh air and flowers next to the soothing waterfall/pond in the small courtyard or by the fountain in the large courtyard. In either case, we recommend you ask for sunscreen from the nursing office before you go out into the sunshine.

Our Activity and Dietary staff are planning outdoor activities, treats, and meals (weather permitting) for summer. Watch the calendar for special summertime events in the coming months. Thanks so very much for your patience during a challenging time in our country. Lord willing the health of our nation continues to improve and normalcy is just around the corner.

Finally, I would like to wish all fathers a very happy Father's Day on June 19th!

Have a wonderful summer!

Mike Kelly  
Administrator



## NURSING NEWS



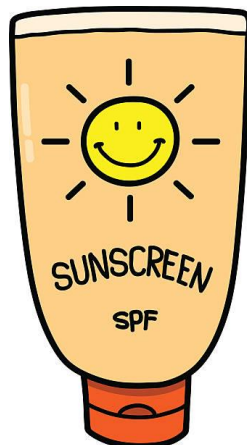
Happy June!! As you enjoy the warm weather and seeing everything in bloom, do not forget to protect yourself from the harmful rays of the sun. If you foresee a prolonged exposure outdoors, please remember to wear sunscreen to protect your skin from burns as well as sunglasses to protect your eyes. Sunscreen is available at the nurse's station as well as the Activities department. Our staff will be happy to provide and assist you with protection.

June 16-22<sup>nd</sup> we will be recognizing our CNA's. King's Daughter's Home is so thankful for the wonderful care that our CNA's provide to our residents. Our staff truly care about our residents and often go above and beyond to make them comfortable and happy. Please join us in thanking them for all they do!

June 21<sup>st</sup> Audiology will be seeing patients in the facility. If you would like to be seen, please let the nursing staff know so they can make sure you have the proper consents prior to the visit.

Have a great summer!

Jo Lynn Gunderman,  
RN



## King's Daughters Home Staff Royalty - JUNE 2022



**CONGRATULATIONS**

**Lynette Maul!**



Lynette is a Charge Nurse  
and has worked at KDH  
Since February of 2018.  
WAY TO GO Lynette!



## RESIDENT MEETING

With Mike Kelly- Administrator  
Wednesday, June 22  
@ 2:30 pm.  
(Activity Room)



## Marrying Traditions

Wedding bells will be ringing all through the month of June. After all, it is the most popular month for couples to be married. Some say it is because June's pleasant weather is best for a wedding, but this tradition has roots far deeper than any meteorologist could predict.



The month of June was named for the Roman goddess Juno, whose domain was marriage, childbirth, and family. As the patron goddess of Rome and all the Roman Empire, she was called *Regina*, or "Queen," and was part of a powerful triumvirate of gods that included Jupiter, king of the gods, and Minerva, goddess of wisdom, justice, and military strategy. Of the three, Juno was worshipped as the protector of the empire, and particularly as a protector of women. Roman women went so far as to call their souls *junos*, believing that they each possessed a small bit of their beloved *Regina's* spirit. June, unsurprisingly, was considered the most auspicious month to be married.

Historical evidence suggests that June might have been a popular month for marriage even before the time of the Romans. The Celts celebrated their springtime fertility ritual of Beltane on the cross-quarter holiday of May 1. Cross-quarter days were astronomical holidays that fell between quarter days, the equinoxes and solstices. It was a Beltane tradition for young couples to pair and plan for a wedding on the next cross-quarter day, which would not arrive until August three months later. Impatient young couples, eager to wed, would often not wait until August and instead marry in mid-June on the following quarter day, the day of the summer solstice. In this way, June became a traditional month for marriage.

It might come as no surprise that the following springs often coincided with a baby boom for couples married the previous June. This only provided more evidence of spring's powerful fertility as Earth sprang back to life with its blooming flowers and leafing trees.

## Congratulations

on "beeing" awesome  
& "sticking with us"

**We Appreciate YOU!**



Happy Anniversary dates of hire

Cathy Keit, Charge Nurse (14 yrs.)  
Jordan Bryant, Activity Assistant (11 yrs.)  
Linda Pomranky, Charge Nurse (5 yrs.)  
Paul Lickman, Cook (4 yrs.)  
Jennifer Rabsahl, CNA (3 yrs.)  
Wendy Gromaski, CNA (2 yrs.)  
Raquel Garcia, Charge Nurse (1 yr.)  
Jamie Studer, Business Manager (1 yr.)



## You May Now Lick the Bride



It is well known that June is a popular month for weddings, but did you know that the second week in June is Pet Wedding Week, a week dedicated to the lasting union between animals? This unique holiday was

designed for pet owners who believe that their pets should be suitably paired and partnered into loving relationships for the purposes of companionship and breeding. There is even a National Pet Association of Ceremonies, a nationally recognized body of pet ceremony officiants, that will conduct official pet weddings. Like human weddings, costs can grow exponentially, with some paying thousands for catering, flowers, live music, and, of course, bridal gowns.

## The Strangest Plague



The German city of Aachen was reeling from the Black Death when another plague hit on June 24, 1374. Hundreds of people began to dance uncontrollably. Records from the period indicate that the dancing plague swept from Germany into

the Low Countries and then to France. Thousands danced for days or even weeks, screaming of terrible visions, begging monks to save their souls. Many perished from exhaustion. Amazingly, this was neither the first nor the last time dancing mania had struck Europe.

The Germans of 1374 called the dancing plague *St. John's Dance*, believing that the dancers had been cursed by the saint. Modern-day scientists struggle to come up with a better explanation. One theory is that the townsfolk suffered from ergot poisoning. Ergot, a type of fungus found growing on stalks of rye, can lead to hallucinations and involuntary spasms. While the dancing plague occurred in locales where people consumed rye and possibly ergot, it also occurred in places where people would not have suffered from ergot poisoning.

The prevailing theory is that all those suffering from dancing mania suffered a sort of mass delusion. Throughout Europe, people were under inordinate amounts of psychological stress. Years of disease and famine, punctuated in Aachen by a horrible natural disaster, had stretched people to their breaking points. Psychologists note that high levels of mental stress can lead people to enter involuntary trances. Records from the era describe people entering such states: blind stares, extraordinary levels of endurance that allowed them to dance for days on sore feet, descriptions of vivid visions. But still, why a trance state of *dancing*? Psychologists believe that dancing wasn't contagious as a true disease but as a psychology. Knowledge of previous dancing outbreaks and the prevalence of beliefs such as spiritual curses led to more of the same. It might not just be a coincidence that by the mid-1600s dancing mania had abated, coinciding with a new rationalism that rejected belief in the supernatural.

## June Birthdays

In astrology, those born June 1–21 are Twins of Gemini. Perhaps because twins are born with a companion, Geminis love to communicate with others. They are clever extroverts who can make persuasive arguments. Those born from June 22–30 are Crabs of Cancer. Crabs are very intuitive and sensitive to their environment. Their home is their sanctuary, and they are emotionally committed to family and loved ones.

### Residents:

- 6/9 Elaine Delaney
- 6/13 Coral Gooch
- 6/15 Burton Brubaker
- 6/26 Robin Elrick

### Staff:

- 6/9 Paul Lickman
- 6/15 Lynette Maul
- 6/19 Jen Lincoln
- 6/23 Martini Barnard
- 6/24 Kaitlyn David
- 6/27 Amy Andrick
- 6/30 Glen Korpall



## *New KDH Employees:*

**Tyler Beebe- Dietary Aide**

**Alissa Fitak- Cook**

