

December 2022

# King's Daughters Home

2410 Rodd St. - Midland, MI 48640 \* (989) 839-9800

## *Celebrating December*

### *Resident Meeting*

*with Mike (Administrator)*

*Tuesday, Dec. 6th @ 2:30 pm*

*\*held in the Activity Rm*

### *Monthly Birthday Party*

*Tuesday, December 13<sup>th</sup> @ 2:30*

*Cake & Ice Cream-Dining Rm.*

### *Audiology (Hearing Dr.)*

*Will visit on Wed. December 21*

*(Physician Exam Room)*

*\*Let your nurse know if you  
want to be seen*

### *Kelly Wejrowski-*

*Administrative Assistant*

*(Front Desk)*

*Will be retiring at the end of  
the year after 18 years of  
service to us!*

*Best Wishes on Retirement-  
PARTY (Staff & Residents)*

*Wednesday, December 28th*

*@ 2:00 pm*

*\*held in the Dining Room*

### *New Year's Eve*

*\*Appetizer Party*

*With Beer, Wine &*

*Champagne*

*December 31*

*6-8 pm*

Dear Residents, Staff, Family & Friends-

2022 has been a unique year for many. If you spend time on social media, you are likely to view many memes pointing out the challenges and blessings of the year. Some are looking forward to moving into 2023 as quickly as possible.

Our KDH family has also witnessed many blessings and challenges this year. A number in the KDH family would be happy if they could hit the fast forward button and move us into 2023, and that we would be fully returned to pre-pandemic normalcy. Personally, I would have been tempted a few times to have hit that fast-forward button.

As with this past Thanksgiving, it is of the utmost importance to not look past the true meaning of the season. This will greatly assist you in acknowledging the countless blessings you have been given, as well as help to comfort you during times of duress. Thanksgiving and Christmas give us the courage and strength to get through difficult times. Frankly, they help us far more than wishing for 2023, 2024 or even winning the lottery. As the famous writer Helen Steiner Rice informs us:

It's more than a day at the end of the year,  
More than a season of joy and good cheer-  
Christmas is really God's pattern for living,  
To be followed all year by unselfish giving,  
for in giving to others and being kind  
we find true joy and peace of mind-  
and peace on earth will come to stay  
when we live Christmas every day.



# NURSING NEWS

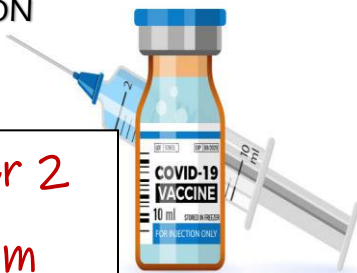


As the holiday and new year are approaching, so is the wintry weather. We encourage you to be extra careful when on outings. Wear hats, gloves and layer your clothing to prevent cold injuries to your skin. Avoid prolonged exposure to the elements, and make sure all assistive devices (canes, walkers, wheelchairs) are in good working order to avoid any slipping or fallings. Please let your nurse know if you are having issues with your assistive devices.

This fall, most of our residents and staff chose to receive the flu vaccination for protection against the flu and its complications. Residents who chose to be vaccinated will also be receiving the Covid-19 booster vaccine on December 2<sup>nd</sup>. As families and friends visit to celebrate the holidays or to enjoy the company of their loved ones, please be aware that the potential still exists for exposure to many viral infections. If you are experiencing a decline in your health, or any symptoms of illness, we respectfully ask that you reschedule your visit. This will help to protect you and our residents from exposure to any illness. Remember to cover your coughs and sneezes and to wash your hands frequently. We wish for you all a very happy and healthy holiday season.

**Merry Christmas!**

Jo Lynn Gunderman, DON  
Candice Studer, ADON



**Friday, December 2**

**10:00 -11:30 am**

**Covid Booster Shot**

**\*Physician Exam Room**

**(Near Activity Rm.)**

## King's Daughters Home Staff Royalty DECEMBER 2022



**CONGRATULATIONS  
Rylie Shafer!**

Rylie is a CNA

and has worked at KDH  
Since September of 2022.

\*Rylie has won a \$50 Bonus!

### Plunge in Head-First



One of December's strangest holidays falls on December 18. It's Wear a Plunger on Your Head Day. An internet search will tell you that an ex-bounty hunter named Vern Halsey might be the only person in the world who celebrates this holiday along with his pet

Komodo dragon Felix, of course. If you'd like to keep Vern and Felix company this December 18, here's a tip: Make sure you wear the correct type of plunger on your head. plungers often come in two designs. Those that narrow at the bottom are specifically designed to fit into a toilet and are called flange plungers, while plungers designed for the sink and shower are flat and are known as cup plungers. If you're keen on celebrating, a new, clean, store-bought cup plunger is the way to go. Happy Wear a Plunger on Your Head Day!

## Sweater Weather

Sweater weather is finally here, and there are plenty of holidays to prove it. The International Sweater Vestival, a day that encourages you to rock a sweater vest, falls on December 3, and Ugly Sweater Day follows on December 16. So dig deep into the moth-ball-ridden corners of your closet and sport that sweater you promised yourself you'd never wear again.

Sweater weather describes that slightly chilly time of year when the weather is perfect for a sweater but not yet cold enough to require a coat. But a sleeveless sweater vest? You can wear one of those anytime! Or does keeping the torso warm and the arms cold mean that such a garment is useless no matter the season? Utilitarian questions aside, the sweater vest has been shunned for decades as an uncool garment. They were originally donned by rowers in 1882, who wore them to promote sweating and weight loss. Sweater vests hit the mainstream in 1907 when the University of Michigan football team wore them in lieu of sleeved sweaters as the team uniform. Even Presidents Woodrow Wilson and Herbert Hoover sported them, perhaps solidifying their status as uncool. But like so many trends, uncool is becoming cool again. And besides, the founders of the International Sweater Vestival don't care whether you wear your sweater vest in earnest or ironically.



When it comes to ugly sweaters, many will point the blame to *The Cosby Show's* Cliff Huxtable, the undisputed king of ugly '80s sweaters. But the first ugly sweater party was held at the Commodore Ballroom in Vancouver, British Columbia, in 2002, hosted by Chris Boyd and Jordan Birch. Since then, ugly sweaters worn for both Christmas and Hanukkah have become a holiday tradition all their own. High fashion has caught on, with designers selling high-end ugly sweaters for hundreds, even thousands of dollars. Sleeved or sleeveless, ironic or earnest, ugly or tasteful—no matter what style you choose, sweater weather is here.

## Congratulations

on “beeing” awesome  
& “sticking with us”



**We Appreciate YOU!!**

Happy Anniversary dates of hire

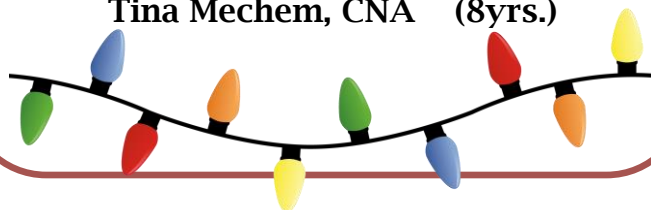
Kelly Wejrowski,  
Administrative Assistant (18 yrs.)

Linda Simonetti, Housekeeper (12 yrs.)

Carrie Leos, CNA (12 yrs.)

Kim Potter, Charge Nurse (10 yrs.)

Tina Mechem, CNA (8yrs.)



## RESIDENT MEETING

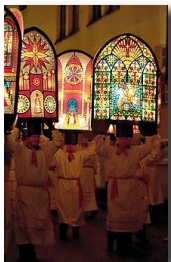
With Mike Kelly- Administrator  
Tuesday, December 6  
@ 2:30 pm.  
(Activity Room)



## Chasing Tradition

At precisely 8:15 p.m. on December 5, the eve of St. Nicholas Day, all the lights in the Swiss hamlet of Küssnacht are turned off, plunging the village along Lake Lucerne into darkness. So begins the *Klausjagen*, or “Santa Chase,” one of Europe’s most impressive St. Nicholas Day traditions.

Thousands of spectators line the cobbled street that has wended its way through town since the medieval era. Suddenly, explosions as loud as gunshots pierce the darkness. Spectators shrink back from the street, fearing that they may be struck by the long sheep whips wielded by the men leading the procession.



The cracking whips passing through the pitch announce the arrival of the magnificent, glowing *iffelen*. These are massive cardboard hats, some over six feet tall, worn by robed dancers. The *iffelen* are shaped like bishops’ miters. They have been painstakingly cut and colored with tissue paper, showcasing intricate patterns that mimic beautiful stained-glass windows. The most elaborate easily take 500 hours to complete. As if this spectacle isn’t magnificent enough, the spectators hold their breath and await the arrival of Santa Claus.

Santa, or St. Nicholas, arrives with a cacophony of clanking cowbells, tooting cow horns, and a band that plays the “Santa song,” a melody of only six notes, repeated over and over again. Santa may be the star of the show, but he is not alone. *Schmutzli* walks by his side, a sinister figure robed in black who carries a broom of twigs, traditionally for whipping children who have been bad all year. This *Schmutzli*, luckily, is more benevolent, and he hands out pastries along the parade route.

This ancient procession owes its origins to pagan winter rites where loud noises were used to scare away evil spirits. Over the centuries, Christian and pagan traditions blended to create the famous *Klausjagen* procession that attracts thousands of spectators today.

## December Birthdays

In astrology, those born from December 1–21 are Archers of Sagittarius. These Archers are philosophical seekers of knowledge who love traveling to new places to absorb new cultures. Those born from December 22–31 are Capricorn’s Goats. Patience, perseverance, and dedication help Goats climb to the highest of heights. Their drive to the top makes them excellent partners and collaborators.

### Residents:

12/9 Carol Brenot  
12/19 Richard Hummel  
12/19 Rick Troia  
12/22 Ruth Brown (100)  
12/26 Dorothy Poulos

### Staff:

12/9 Deb McDonough  
12/27 Jordan Bryant  
12/27 Alesia Legner



## *New KDH Employees:*

**Rachel Davis- CNA**

**Heather Royce- CNA**

