

December 2023

King's Daughters Home

2410 Rodd St. - Midland, MI 48640 * (989) 839-9800



Celebrating December

Resident Meeting with Mike Kelly-Administrator

*Tuesday, December 5
@ 2:30 pm.- Activity Rm*

Resident Tree Trim with Cookies, Cocoa & Singing

*Tuesday, December 5
@ 6:30 pm.- Living Room*

Christmas Communion Service with Memorial Presbyterian Church

*Friday, December 8
@ 2:00 pm.- Living Rm*

Winter Wonderland Luncheon with SANTA!

*Thursday, December 14
@ 11:30 am.- Dining Rm*

December Birthday Party

*Wednesday, December 20
@ 3 pm.- Dining Room*

New Year's Eve (Early) Party with Appetizers, Beer, Wine & Champagne

*Friday, December 29
7-8 pm.- Dining Rm*

Dear Residents, Families, and Staff:

There are some of us who aren't particularly fond of snow, yet we realize in order for Christmas to get here, it's almost a requirement the white stuff must pay us an occasional visit. The snowfall certainly is beautiful. I think it's especially attractive in the small courtyard around the pond. December also promises to be a fun-filled month with special activities and entertainment.

One of the special activities we enjoy is our annual Resident Winter Luncheon with a visit from SANTA! Each year, our Dietary staff plans and prepares unique menu items to make the Luncheon meal special for our residents. Everyone looks forward to being surprised by the delicacies prepared for them.

Christmas is also a special time for family gatherings and traveling. Please notify your nurse if you leave to visit loved ones or friends, in case you need to take medications, have meals cancelled, etc. Please also remember to sign out when you leave KDH, and let our staff know when you've returned. We want everyone to be healthy, happy and safe.

Gift-giving is also a part of the Christmas tradition. New clothes should be labeled by our laundry staff before being worn by residents. Please drop off the new clothing items at the front office so we can log all new clothes our residents receive.

Finally, I want to remind everyone that KDH staff and managers are unable to accept personal gifts from residents and/or family members. If you wish to give a gift to the staff, please consider a group/bulk gift, such as food, candy, or chocolates that can be enjoyed and shared by everyone. Thank you for your understanding and thank you for being part of the KDH family!

Have a Blessed and Joyful Christmas!

Mike Kelly
Administrator



Almost Time to Time Travel



The idea of a time machine has long captured the imagination of storytellers. Hindu mythology speaks of a king who ventures to heaven and upon his return to Earth finds that thousands of years have passed.

A Japanese tale from the year 720 tells of a man who is transported 300 years into the future. In Charles Dickens' famous novel *A Christmas Carol*, the despicable Ebenezer Scrooge visits Christmases past, present, and future.

Time travel is not just a fascination for artists. Stephen Hawking, the noted scientist, believed that time travel is possible. It has to do with speed—not just any speed, but the speed of light, the fastest speed in the universe. When things travel at or near this speed, they travel more slowly through time. If you boarded a train traveling at the speed of light for one week, the rest of the world would have traveled 100 years. In this sense, you would step off the train having traveled 100 years into the future. Amazingly, experiments of this kind are being conducted at a giant underground laboratory in Switzerland known as CERN. Scientists shoot tiny atomic particles so fast that they continue living long after they should have disintegrated. They are traveling into the future.

Hawking himself admitted that he would prefer the past to the future, visiting Marilyn Monroe or Galileo. On December 8, Pretend to Be a Time Traveler Day, you too can imagine where (or when) you'd like to visit. Do you want to visit the age of the dinosaurs or watch the pyramids be built? Would you rather see the future? It is interesting to think about how your ancestors may remember you. It is even more interesting to think about a time when we could perhaps visit aliens in outer space. According to Stephen Hawking, we may not have to pretend much longer. Someday, December 8 may just be called Be a Time Traveler Day.

King's Daughters Home Staff Royalty for December 2023



CONGRATULATIONS

Sharon Young

Sharon is a Dietary Aide
and has worked at

★ King's Daughters Home
Since February of 2004.

Sharon has won a \$50 Bonus!

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Mike Kelly- Administrator
is on Tuesday, December 5
@ 2:30 pm- Activity Rm.



Home Sweet Home



Gingerbread House Day, December 12, brings a touch of magic to the holiday season. It's the perfect occasion to indulge in a time-honored tradition: building and decorating gingerbread houses.

This charming holiday observance offers a sweet escape from the busyness of the season.

The history of gingerbread houses has roots in medieval Europe, where gingerbread was initially reserved for special occasions and celebrations. It was often used to create intricate works of edible art, including gingerbread houses. These delectable structures gained popularity in Germany during the 16th century when the Brothers Grimm published their fairy tales, including the famous story of Hansel and Gretel, who discover a house made of gingerbread and candy deep in the forest.

Notable gingerbread houses have become a source of fascination and wonder. The White House has a longstanding tradition of creating a gingerbread replica of the executive mansion during the holiday season. These intricate confections often include detailed icing decorations and miniature furnishings.

Another impressive example is the annual National Gingerbread House Competition in Asheville, North Carolina. This event attracts pastry chefs and artists from around the world who craft astonishing gingerbread creations, from charming cottages to elaborate castles.

In modern times, gingerbread houses have evolved from simple, rustic structures to intricate architectural marvels. They continue to be a beloved holiday tradition, a sign of the enduring appeal of this spicy-sweet treat. This year on Gingerbread House Day, unleash your creativity, and see what kind of edible masterpiece you can create with family and friends.

Congratulations

on "beeing" awesome
& "sticking with us"
for so long!



We Appreciate YOU!!

Happy Anniversary dates of hire

Carrie Leos, CNA (13 yrs.)
Linda Simonetti, Activity Asst. (13 yrs.)
Kim Potter, Charge Nurse (11 yrs.)
Brianna Boerma, Charge Nurse (1 yr.)
Leah Deweaver, CNA (1 yr.)

**You're
AWESOME!**

Welcome New Employees!

Mary Kline- CNA
Ange Ufitinema - CNA
Garrett Fournier- CNA
Penny Church - LPN



NURSING NEWS



Welcome to December! It seems the year has flown by, and we are soon to be ringing in the New Year.

With the season comes that cold Michigan weather we all know and some of us love. Please be cautious when going out. Wear hats, gloves and layer your clothing to prevent cold injuries to your skin. Avoid prolonged exposure to the cold, and make sure all assistive devices (canes, walkers, wheelchairs) are in good working order. Maintenance may be able to help with some repairs. Please let us know if you have any concerns or need repairs to any of your assistive devices.

During the winter months many illnesses also show up. Most of our residents and many staff, chose to receive the vaccination for protection against the flu and its complications at our October flu clinic. The Covid-19 booster was also administered in November. As families and friends visit to celebrate the holidays and enjoy the company of their loved ones, please be aware that the potential exists for exposure to many viruses. If you are experiencing a decline in your health, or symptoms of a cold or the flu, we respectfully ask that you consider rescheduling your visit. This will help to protect you, our residents and our staff from exposure that could lead to widespread illness with in our facility. Remember to cover your coughs and sneezes and to wash your hands frequently. We also have provided hand sanitizer and are available at the entrances to the building for your convenience.

Merry Christmas from the Nursing Staff!

Warm Wishes,

Jo Lynn Gunderman, RN, DON
Candice Studer, RN, ADON



December Birthdays

If you were born from December 1–21, you are a Sagittarius, the Archer. Archers are not only confident but also lucky, so they often find success. Their enthusiasm is infectious, so people often help them achieve their ambitious goals. Those born from December 22–31 are Capricorns, the Goat. As sure-footed goats climb mountains, Capricorns pursue worthwhile, nonfrivolous goals by taking practical steps.

Residents:

- 12/19 Ruth Verhaeghe
- 12/22 Ruth Brown
- 12/26 Dorothy Polous

Staff:

- 12/9 Deb McDonough
- 12/19 Jaylyn Holzinger
- 12/27 Jordan Bryant
- 12/27 Alesia Legner



Please Join us on Tuesday, December 5 @ 6:30 pm. To Decorate the Living Room Christmas Tree! We will enjoy Hot Cocoa, Cookies & Singing. Hope to see you there!

