

August 2026

King's Daughters Home

2410 Rodd St. - Midland, MI 48640 * (989) 839-9800



Celebrating August

Resident Meeting

*Tuesday, August 11th
@ 2:30 pm.- Dining Rm*

Monthly Birthday Party

*Monday, August 17th
@ 2:30 pm.- Dining Rm Join
us for Cake & Ice Cream*

KDH Car Show

*Wednesday, August 26th
2-4 pm (Front Parking Lot)
Join us for Hot Dogs,
Pop Corn & Awesome
Automobiles!*

KDH Buck Auction

*Friday, August 28th
@ 2:30 pm.- Dining Rm
(everyone gets \$20 to spend)*

**Veggies are starting to ripen
in the raised garden boxes
out back- feel free to sample*



Happy August, Everyone!

Can you believe we're already turning the calendar to August? Summer always seems to fly by! I hope you've been enjoying the sunshine, the ice cream socials, music, games, visits with family and friends, and all the wonderful activities we've shared together. Every day is another opportunity to create memories, share laughter, and remind each other that home isn't just a place—it's the people who fill it with kindness. This month our HVAC renovation will be in full swing in the building. While this project will be a significant undertaking and may temporarily disrupt some of our normal routines, it is an investment in the future of our home and, most importantly, in your comfort and well-being. During construction, you may notice workers throughout the building, equipment being moved, temporary changes to traffic patterns, and occasionally a little extra noise. Some activities or common areas may need to be relocated for short periods while work is completed. We understand that changes to routine can be frustrating, and we appreciate your patience and understanding as we work through the project. Please know that every decision being made is with our residents in mind. Our team has been working diligently to plan this project carefully so that daily life continues as smoothly as possible. Resident safety, comfort, and quality care will remain our highest priorities every single day. Our staff will be available to answer questions, provide updates, and assist anyone who may need extra support during the construction process. Think of this project as giving our home a "wellness check" and a much-needed upgrade! Just like we all benefit from a little maintenance now and then, our building does too. When the project is complete, we'll all enjoy a more reliable, efficient, and comfortable environment for years to come.

In the meantime, we'll continue finding reasons to celebrate. August brings National Peach Month, National Sandwich Month, and plenty of opportunities to enjoy summer before autumn arrives. We'll keep the fun going with activities, celebrations, and lots of smiles along the way—even if we occasionally have to compete with the sounds of construction! Thank you for your patience, flexibility, and the grace you show one another each day. It is an honor to serve you and to call this community home. Together, we'll navigate this exciting new chapter, and before we know it, we'll be enjoying the benefits of these improvements.

Here's to making the most of the last days of summer, embracing new beginnings, and continuing to build a home filled with laughter, friendship, and care.

Wishing each of you a wonderful August!

Your Administrator- Jamie Studer

Squeeze the Day

August is peak citrus season in more ways than one. While most citrus fruits are harvested in cooler months, their appeal hits full stride in late summer, when heat calls for bright flavors and cold drinks. Lemons, limes, oranges, and grapefruit show up everywhere this time of year—not just in produce bins, but in menus, recipes, and even a few quirky holidays.

The science behind that appeal is simple: Citrus delivers acidity, aroma, and a quick hit of refreshment. A squeeze of lemon can sharpen iced tea, balance grilled foods, or lift a simple glass of water. Limes do the same for marinades and summer desserts, while oranges and grapefruit bring a mix of sweetness and bite that works well chilled. There's also a practical side to citrus in summer. Lemon and lime juices are widely used in food safety and preservation, from keeping sliced fruit from browning to adding acidity that helps control bacterial growth in certain dishes.

August's food calendar leans into that versatility. National Creamsicle Day on August 14 highlights the long-running pairing of orange and vanilla, a combination that dates back to early 20th-century soda fountain culture. The next day, National Lemon Meringue Pie Day celebrates a dessert that balances tart citrus curd with sweet topping—a contrast that has kept it popular for generations. Later in the month, National Lemon Juice Day (August 29) shifts the focus to drinks, where citrus continues to dominate.

Citrus has become a quiet trend driver in beverages. Sparkling lemonades, lime-forward mocktails, and grapefruit-infused sodas have all gained ground as alternatives to heavier drinks. Even classic lemonade—arguably the season's signature citrus drink—has seen variations with herbs, berries, and reduced sugar.

In a season defined by heat, citrus stands out for doing exactly what people want: cutting through it. Whether it's a cold glass of lemonade, a slice of pie, or a simple wedge on the rim of a glass, citrus continues to earn its place as one of summer's most reliable flavors.

King's Daughters Home Staff Royalty

for August 2026



CONGRATULATIONS

Caden Metzler!

Caden is a CNA

and has worked at

King's Daughters Home

Since May of 2025.

Hidden in Plain Sight



If you believe that one person's trash is another person's treasure, then you'll be happy to hear that the second Saturday in August is Garage Sale Day. Some lucky folks do find rare treasures at garage sales. In 1989, a man bought an ugly painting for four dollars at a flea

market because he liked the frame. Imagine his surprise when under the painting he found an original printed copy of the Declaration of Independence that sold for \$2.4 million in 1991. Then there's the story of the scrap metal dealer who found a Russian Fabergé egg, which was one of only 50 created as an Easter gift for Alexander III's wife, Empress Maria Feodorovna. Valued at more than \$30 million, that is one valuable "nest egg."

When Earth Roared

August brings two very ominous anniversaries: the cataclysmic volcanic eruptions of Mount Vesuvius in Italy and Krakatoa in Indonesia.



The eruption of Mount Vesuvius might be the most famous in history. On August 24 in the year AD 79, the volcano began to erupt. Two authors, an uncle and nephew, described the events firsthand. Pliny the Elder, living across the bay from Vesuvius, noticed a cloud of ash spewing from the mountaintop. He sent ships to investigate, but they turned back due to a rain of flaming rocks. Pliny the Elder himself ventured closer to investigate. Sadly, he died the next day, likely from inhaling toxic gases.

Pliny the Elder's 18-year-old nephew, Pliny the Younger, also witnessed the eruption. He described people climbing over waves of ash to escape. He also wrote of how a larger eruption the next day devastated the region. Ash mixed with rain created a sort of concrete that blanketed the town of Pompeii, perfectly preserving its contents for hundreds of years.

Rumblings began on the uninhabited island of Krakatoa as early as May 20, 1883. Over the next weeks, the rumblings grew until the eruption began on August 26. The volcano exploded at 1 p.m., sending ash 20 miles into the air. The next morning, four massive eruptions occurred, the last of which produced the loudest sound ever recorded on Earth. The sound waves ruptured the eardrums of sailors 40 miles away. The blast itself was heard 3,000 miles away.

Enormous flocs of volcanic rock plunged into the ocean, triggering massive tsunamis that wiped out hundreds of nearby coastal villages. Waves reached as far away as South America. So much gas was pumped into the atmosphere that global temperatures dropped over 2°F. Weather patterns did not normalize until 1888. Krakatoa left no doubt that volcanic eruptions are some of nature's most awesome events.

Congratulations

on "beeing" awesome & "sticking with us"



We Appreciate YOU!!

Happy Anniversary dates of hire

Deborah McDonough, MTCNA (39 yrs.)

Farai Mbidzo, MTCNA (15 yrs.)

Judy Lickman, Laundry (10 yrs.)

Alesia Legner, Dietary Aide (5 yrs.)

Sandy Dorion, Charge Nurse (5 yrs.)

Andrew Mrdutt, CNA (4 yrs.)

Ange Ufitinema, CNA (1 yr.)

Paul Coronado, CNA (1 yr.)

Jennifer Brown,

Business Office Manager (1 yr.)



Rolling Through History



One of the more striking holidays in August is Bowling Day, which falls on the second Saturday of the month. It's easy to see why more than 60 million people go bowling each

year—it appeals to all ages and genders, and evidence suggests that it has been played for thousands of years. British anthropologist Sir Flinders Petrie, upon excavating a tomb in Egypt, discovered a set of children's toys that dates to 3200 BC and looks like a bowling set. A form of bowling was so popular in 14th-century England that King Edward III outlawed the game so that troops would better focus on training. Bowling even debuted as a demonstration sport during the 1988 Olympics in Seoul, South Korea, though it has not yet been included in the Olympic program.

A Message from Your Nursing Team

Greetings to our wonderful residents and families! As we roll into the heart of August, our nursing team remains focused on keeping everyone feeling their absolute best. August often brings some of the highest temperatures of the summer, making hydration our top priority. We encourage all residents to sip water throughout the day, even when not feeling explicitly thirsty. Our team is keeping a close eye on comfort levels, ensuring everyone stays cool, well-hydrated, and safe during outdoor patio time.

If you are planning an afternoon outing with your loved one, please consider checking the daily heat index.

Opting for shaded or indoor activities during peak sun hours (10:00 AM to 4:00 PM) is a great way to ensure a pleasant visit. As always, thank you for partnering with us to keep our community healthy and thriving.

Since 1947, King's Daughters Home has proudly upheld a grand tradition of gracious senior living. Our beautiful mid-century modern setting continues to provide a vibrant, supportive, and compassionate environment that feels just like home. We are incredibly grateful to our dedicated staff, our wonderful residents, and the families who make this community so special. Thank you for being an essential part of our history and our daily joy.

Happy Summer!
Jo Lynn & Kari



August Birthdays

In astrology, those born between August 1 and 22 are Leo's Lions. Mixing strength, ambition, creativity, and a flair for the dramatic, it is no wonder that the king of the jungle is Leo's mascot. Whether it's in Hollywood or in the home, Leos accomplish their goals. Those born between August 23 and 31 are Virgos. Virginal Virgos are considered shy, pure of spirit, and self-sufficient. They take incredible pride in their work, show diligent habits, and are well respected in their circles.

Residents:

8/1 Sylvia Patchin
8/2 Yvonne Dyer
8/6 Joyce Blenkhorn
8/10 Jim Black
8/11 Mike Luce
8/22 Janet Vance
8/27 Marion Schmitt

Staff:

8/4 Todd Harrington
8/6 Nichole Erbe
8/6 Kirk Hassen
8/7 Jenn Brown
8/12 Montana Taylor
8/18 Kristina Borek
8/21 Cindy Li
8/22 Leah Ziems
8/25 Tamara Kish
8/31 Margot Rice
8/31 Carol Scott



Welcome

New Employees!

Breannah Twilleager-Charge Nurse

Dakota Zdrojewski- Dietary

Ariana Brock- Dietary

Ariel Becker- CNA

Nicole Wilson- Housekeeping

